

BINGO
★ **BASH**
2015

"As good as it gets."
Bingo Bash
fund raiser hosted by
Senior Resource
Services on
February 17, 2015



Family



Bingo



Live Auction



Friends



Bingo Bash Sponsors



Thank you!

APRIL
12th - 18th

**NATIONAL
VOLUNTEER
WEEK 2015**

MOBILIZE. BUILD. INSPIRE.

National Volunteer Week, April 12-18, 2015, is about inspiring, recognizing and encouraging people to seek out imaginative ways to engage in their communities. It's about demonstrating to the nation that by working together, we have the fortitude to meet our challenges and accomplish our goals.

National Volunteer Week is about taking action and encouraging individuals and their respective communities to be at the center of social change – discovering and actively demonstrating their collective power to make a difference.

Volunteer Update

March 12, 2015
3:00-4:00 pm
or
March 13, 2015
9:30-10:30 am

Please attend one of these sessions if you are a current available driver.
Senior Resource Services office • 800 8th Ave. Suite 145

If you are no longer available to drive/volunteer, please let us know at **970-396-7972**. Teresa, our coordinator will take you off the list and "not bother you."

From the desk of DeeAnn



DeeAnn Groves, MA,
Gerontologist, Executive Director

There comes a time in each of our lives we need to reevaluate our priorities. The past eight years with Senior Resource Services has given me a pleasure beyond words. The non-profit has grown and will continue to address the issues of our aging population. I feel it is time to rejuvenate the organization with someone younger, creative and devoted to the mission of **Senior Resource Services**. Therefore I am stepping down from the position of Executive Director effective April 30, 2015. I will devote my time and energies to a new program assisting the caregivers of Weld County. The new program is titled "OARS" Older Adult Respite Services. The program will provide a 4 hour training for individuals that want to assist the aging population remain in their homes as long as possible. In return the individual will provide Senior Resource Services respite program 2 hours a week for our clients. Upon completion of the training, the trainee will have their name put on a list that will be available to families in need of a respite provider which will be a paid position and at which time it will be an association between respite provider and client.

The staff and I are excited to welcome our new Executive Director **Cathy Mosciski** and she will begin her duties on April 1, 2015. I will still have an office with SRS and perform my Mini-Mental testing as well as the OARS and Person-2-Person programs.

Please stop by the office and say hello to the staff and meet the new Executive Director.

DeeAnn Groves, MA
Gerontologist



Helping Hands for Seniors

Welcome
new van drivers
Donna Sewell and
Catherine Jones.



We would like to let everyone know that Senior Resource Services has an active Facebook page!

If you happen to be on Facebook and would like to support our efforts to raise awareness of this awesome organization, please like our page at

[www.facebook.com/pages/
Senior-Resource-Services](http://www.facebook.com/pages/Senior-Resource-Services)



DeeAnn Groves, MA,
Gerontologist

FREE Training

OARS Program

(Older Adult Respite Service)

Senior Resource Services will be offering training for home care providers **free** of charge. In return the trainee will volunteer 2 hours a month for our clients. At completion of the training, the trainee's name will be added to our Caregiver List. We receive calls from families requesting names of home care providers and we send our Caregiver list to the family requesting names. At this point, the family and the trainee will decide hours, pay, etc. and Senior Resource Services is not involved.

The training will include information about Alzheimer's Disease and skills to have to assist the person. The objectives of Training are to identify losses experienced in aging, the role of the respite worker, to understand the basics of dementia and to develop expertise in specific techniques in working with persons with dementia and to identify causes of respite/caregiving of burn-out and plan appropriate strategies to reduce or treat burn-out.

If you are interested in attending the **free** training, please call **DeeAnn Groves** at Senior Resource Services , 352-9348.

Senior Resource Services will be closed on Memorial Day
May 25, 2015
No services provided



Volunteer Spotlight

Each month Senior Resource Services has a drawing for a gift card from an area business. The volunteers who send their volunteer hours by the 7th of the month are entered in this drawing. Volunteers can mail, hand carry or complete their Activity Logs on-line at www.seniorresourceservices.info under the volunteer tab.

The monthly winners are listed below:

Patty Daulton received an Egg & I gift card for submitting her November hours. Patty is our very own Ashley's mother and Patty not only drives our senior clients, but has assisted SRS in the office with mass mailings. She began volunteering for us in November 2014.

Tom Farris has helped our seniors since January 2012. During this time Tom has helped transport several seniors each week. We would not be able to assist these many seniors without his volunteerism. An Egg & I gift certificate was awarded to Tom for turning in her December hours.

Laura McCabe joined SRS in November, 2014. She said she is enjoying taking our senior clients. Laura's previous volunteer work was with Bright Beginnings and Cooking Matters. She selected a Tokyo Joe's gift certificate for submitting her January hours.

Reminder: If you refer a friend to SRS to become a volunteer, you will receive a gift card for your efforts.

As the number of clients continues to increase, we need additional volunteers.

Van Voice



1. Request for transportation 5 days prior to requested trip.
2. Van can only take rider 1 place per trip
3. Rider must be available by phone day before so driver can contact you regarding the correct time you will be picked up. The office staff only gives you an estimate of the time; the driver is the one that is coordinating the rides for that day.
4. Please be ready and watching at the scheduled time to prevent delays for the driver.
5. Pick up times may vary during the day so please be flexible if you are called to be notified of a different time by the driver.
6. If you have a cell phone, please bring it so you and the driver can correspond if necessary.
7. If cancelation is necessary, please let SRS office know as soon as possible so they may call the driver and they are not trying to contact you.
8. When you are taken to your destination, do not get another ride back home, the driver will come back to get you.
9. With our increasing demand for service on the van, it will be necessary to comply to these rules.
10. Senior Resource Services is very happy to provide this service for you and I know you appreciate it. Being courteous and respectful of this service and the driver would be greatly appreciated.
11. PLEASE KEEP THIS NOTIFICATION FOR FUTURE REFERENCE



A BIG

**SHOUT
OUT**

Thank you

Jenny Pratt for
preparing our birthday cards
and bringing smiles to our
seniors and volunteers!

Comedy

CORNER

SENIOR CITIZEN TEXTING CODE

ATD – At the Doctors
BFF – Best Friend Fell
BTW – Bring the Wheelchair
BYOT – Bring Your Own Teeth
FWTW – Forgot Where I was
GGPBL – Gotta Go Pacemaker
Battery Low
GHA – Got Heartburn Again
IMHAO – Is my Hearing-Aid On
LMDO – Laughing My Dentures Out
OMMR – On My Massage Recliner
OMSG – Oh My! Sorry, Gas
ROFLACSU – Rolling on Floor
Laughing and Can't Get Up
TTYL – Talk to you Louder

I was thinking about how a status symbol of today is those cell phones that everyone has clipped onto their belt or purse. I can't afford one, so I'm wearing my garage door opener.

I just was thinking about old age and decided that old age is when you still have something on the ball but you are too tired to bounce it.

SENIOR RESOURCE SERVICES

800 8th Ave
Suite #145
Greeley, CO 80631
970.352.9348
FAX: 970.352.5437



Board of Directors

Pat Allnutt
(Chair)

Lisa Mangum
(Secretary)

Will Jones
(Treasurer)

Nancy Hewitt
Liz Sage
Eric Walker

Guidelines for Clients

In order to be considerate of these amazing volunteers and to provide the client with the best service possible, we ask you to follow these guidelines:

Be punctual , ready and waiting for the volunteer . Have your address or directions to your appointment.

970-352-9348

SRS office hours are Monday through Friday from 9am-4pm, if we are on the other line, please leave a message.

Schedule your appointments between 8:00 and 4:00. Monday through Friday.

8:00
to
4:00

Only 3 unapproved cancellations are allowed,if need To cancel your appointment, call the office as soon as you know. Many hours are spent in coordinating our volunteers so please do not cancel unless you are ill, your doctor reschedules or in case of inclement weather. .In bad weather, the volunteer has the right to cancel and you will be notified

3

If your shopping takes longer or you planned on making several stops the volunteer originally did not agreed upon, call the office to make an additional request for what was not completed in this trip. Do not expect the volunteer to spend more time—it **may not work in their schedule.**

5

We require 5 or more days notice for all appointments. Because we operate on volunteers' generosity and respect their schedules, SRS requires adequate time to fill requests. (We understand medical appointments can happen quicker so we do our best to fill these requests.)

SRS enjoys serving our seniors and we value our staff and volunteers' time, please keep these gentle reminders in mind so that we proudly and professionally remain the 'Helping Hands for Seniors'.

Senior Resource Services
800 8th Ave Ste. #145
Greeley, CO 80631

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