

Senior Resource Services New Board Officers for 2014-2015



Left to right: Kathy Gardner, Esther Martinez, Lisa Mangum, Eric Walker, Pat Allnutt, Nancy Hewitt, DeeAnn Groves.

The Executive Board was announced at a Board meeting on July 1, 2014. This year's officers are: **Pat Allnutt**-Chair, **Lisa Mangum**-Secretary and **Will Jones**-Treasurer. The officers serve for a one-year term. The Board Members are: **Deborah Burkhalter**, **Kathy Gardner**, **Nancy Hewitt**, **Esther Martinez**, **Liz Sage** and **Eric Walker**. These members on the Board serve a 3 year term.

Senior Resource Services greatly appreciates the effort of the Board. These individuals are instrumental in coordinating our fundraisers and providing the direction and leadership of this non-profit that assists the elderly.

Grandparent's Day 2014

Join **Senior Resource Services**
in celebrating our **4th** annual

Grandparent's Day
FREE EVENT!

Sunday
Sept. 7, 2014
Sanborn Park,
Greeley, CO
12:00 noon



'Sundae in the Park'
an Intergenerational Event
celebrating Grandparents!



Our annual "Sundae in the Park" is an event honoring grandparents on their designated holiday every year. 'Sundae in the Park' has always been our attempt to recall the old fashioned celebrations of days gone by. **Senior Resource Services** would like to give back to our community and celebrate the seniors of our area and their families. We will provide a nostalgic 'picnic in the park'.

Won't you join us in celebrating
Grandparent's Day?



GRACE POINTE



UNIVERSITY
of COLORADO HEALTH



FREE CAKE & ICE CREAM • Hot dogs, chips, drinks are available with a donation
CHILDREN'S ACTIVITIES • Face painting, Henna tattoos, cake walks and more •
AWARDS • **Helen Cox Award** - oldest individual attending • Highest number of generations attending • Couple married the longest attending • **Athena Award Presentation** • Volunteer providing the highest number of rides • **Receive a special gift for signing up to be a volunteer!**

A Big

SHOUT OUT

to
Teresa Schunter
and the
"Birthday Card Crew"
Miki Dahlke
Annika Dahlke
Jenny Morris

Thank you for your
tireless energy
making sure all
of our clients *and*
volunteers receive
signed cards on
their special day!



Teresa Schunter
Volunteer



We would like to let
everyone know that
Senior Resource Services
has an active
Facebook page!

If you happen to be on
Facebook and would like
to support our efforts to
raise awareness of this
awesome organization,
please like our page at

[www.facebook.com/pages/
Senior-Resource-Services](http://www.facebook.com/pages/Senior-Resource-Services)

We thank you
in advance and
appreciate your
support!



DeeAnn Groves

From the desk of DeeAnn

FOCUS FOR FOURTEEN

Senior Resource Services is growing and growing. The number of seniors we are assisting is over 570 and our number of volunteers is down. As you can tell we are in desperate need of volunteers to join our cause; assisting seniors in Weld County remain independent as long as possible. Please let us know of anyone that might want to get a warm fuzzy by taking a senior to appointments, etc.

We are gearing up for our 4th annual Grandparents Intergenerational event "*Sundae in the Park*". It will be held on Sunday, September 7th at Sanborn Park at 12 noon. Bring the grandkids, adult children, grandparents and join the fun, all kinds of activities for the younger generation and our traditional "Cake Walk" for all ages. Hope to see you there.

We are starting a new program "**Join Your Neighbor**". Clients that live close to one another will be able to join them shopping by having one driver take them to their location. It will help with the number of volunteers and provide the clients a chance to visit with their neighbors. Watch for our flyers in various Senior Residences.

Our Staff has increased by hiring **Malikia Brown Mullen**. She will be helping with fundraising and volunteer recruitment. We also will have a student from IMBC for her externship. We welcome interns and students as their experience in our office opens up another door of opportunity to enjoy our senior population.

It is garden time and some of our staff have several types of squash, cucumbers, and tomatoes will be coming soon. If you would like to come down and pick up some produce, please call first to see what we have. We want to share.

We are very proud to announce we are with the new technology. Donate on line. Our wonderful and smart IT lady, **Gretchen Truesdell** (my daughter) has set us up so we can receive donations on line via Pay Pal. It is so simple and I know because I gave a donation. All you do is go to our website www.seniorresourceservices.info and look for donate on line, click, then you follow the directions and I assure you it is very simple. Then Pay Pal automatically sends it to our bank account and then notifies me of your contribution so I can send you a thank you. Trust me, it is very simple.

Please try it!

Have a wonderful summer.

By DeeAnn Groves, MA, Gerontologist
Executive Director, Senior Resource Services

Who's New

Hello everyone!

My name is **Malikia Brown Mullen**. I am the newest addition to Senior Resource Services. I am not only new to SRS but new to Colorado! I have a passion to serve not only our senior citizens, but our community as a whole. I am the new Development and Outreach Coordinator and will have the great task of recruiting of both private and corporate volunteers, marketing and promoting our organization's mission, and managing our fundraising events.

I am a college graduate with my latest degree being a Master's in Theology. I have volunteered throughout the years with various non-profit entities and have a heart for philanthropy. My husband Kevin and I have 5 beautiful children. I am devoted to and love to spend time with my family, enjoy traveling and am a self-proclaimed bookworm.



Malikia Brown Mullen



Senior Resource Services
will be closed on
Labor Day,
September 1, 2014
No services provided

"With 6 million Americans now 85+, a number expected to hit 14 million by 2040, this issue is just going to balloon tremendously."

Stein Olavsrud,
FBB Capital Partners

Congratulations

Goldie Augustmoon of My Office Etc. is being honored this year as a Woman of Distinction, Outstanding Volunteer, Northern Colorado Business Report. Goldie is a busy volunteer for Senior Resource Services, providing transportation for our seniors.

Our own SRS Executive Director **DeAnn Groves** was a 2012 honoree of this award.

Volunteer Spotlight

If you are a volunteer and you mail, hand deliver or complete your volunteer activity log on line at www.seniorresourceservices.info under the volunteer tab by the 7th of each month, then we enter your name into a drawing.

The monthly winners are listed below:

Christie Schmuhl has volunteered for SRS for 1 ½ years, transporting many seniors in that time. Christie won a gift card to Tokyo Joes for submitting her Activity Log for April.

Karen Friend received a gift card to Village Inn for a free meal and dessert. Karen starting volunteering for SRS in January 2014. Thank you Karen for submitting your hours for May.

David Stanley has been assisting our elderly for almost a year now. David volunteers and gives numerous rides each week. Our service would not be available if it weren't for amazing people like David. He received a gift card to the Village Inn for a free meal and dessert for submitting his Activity Log for the month of June.

Reminder: If you refer a friend to SRS to become a volunteer, you will receive a gift card for your efforts. As the number of clients continues to increase, we need additional volunteers.

As always Senior Resource Services thanks all of our volunteers who assist the elderly. We also want to thank the many generous businesses in the community who have donated these gift cards to recognize these compassionate volunteers.

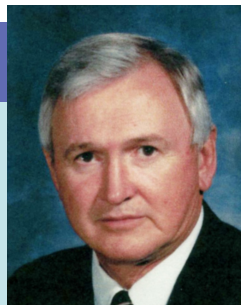
With your help Senior Resource Services is now serving over 570 seniors.

Online Giving

It feels good to give. People do good every day. Donations to **Senior Resource Services** can be made online. You may use your credit card or PayPal account.

Go to our website www.seniorresourceservices.info and click on Donations, look for the Donate button, click, then follow the directions. It is very simple.

Donate



Fred Groves.M.D.

From our Guest desk

ARTHRITIS

I was amazed the other day when I read that the most common disease or condition in elderly males is arthritis! This particularly interested me since I have gout. In general arthritis is divided into two groups - Degenerative or osteo-arthritis and inflammatory.

Nearly everyone who is older has some element of degenerative changes in the spine and peripheral joints. Luckily this causes only stiffness and discomfort particularly in the mornings. Non steroidal anti inflammatory drugs (NSAIDS) which are over the counter will usually help-- if not, *see your doctor*.

Inflammatory arthritis is the most serious and is characterized by swollen hot joints, pain and deformity if not treated. Rheumatoid and acute gout fall into this category.

These require the care of your doctor and occasionally the care of a rheumatologist who is a physician and specializes in care of arthritis.

Don't wait too late to seek treatment as it is easier to treat in the earlier stages than the later stages! More on gout -- to be continued on the next article.

Fred Groves, M.D.

(Executive Husband of SRS Executive Director, DeeAnn Groves)

SENIOR RESOURCE SERVICES

800 8th Ave
Suite #145
Greeley, CO 80631
970.30-52.9348
FAX: 970.352.5437



Board of Directors

Pat Allnutt
(Chair)

Lisa Mangum
(Secretary)

Will Jones
(Treasurer)

Deborah Burkhalter

Kathy Gardner

Nancy Hewitt

Esther Martinez

Liz Sage

Eric Walker

Activities & Events



August 27, 2014

The Ranch
Loveland, CO
11am - 6pm

\$10.00

Mail donations to:
SRS
800 8th Ave.
Suite 145, Greeley,
CO 80631.

Senior Resource Services
is a part of the
**Chocolate Blues Business
Networking Social 2014**

You can check out the details
at www.BizBestival.com.
Although tickets are available
online, SRS will only benefit
if you purchase them directly
from us.

Contact **Malikia Mullin** at
970-352-9348 or email her at
mbmullin.srs.org@gmail.com.
She will be happy to assist
you. Thank you so much for
your support of Senior
Resource Services!!!



Join Your Neighbors



Senior Resource Services get more
and more requests for transportation
to grocery stores and to Walmart.
To reduce the number of trips for our
volunteers, seniors who live in the same
complex can go shopping **together**.

Clients contact: SRS, 970-352-9348

"Plan it Right: Your Life, Your Legacy,"

A presentation by **Jeff Slade**, musician and
Family Service Counselor at Allnutt Funeral
Service. While entertaining with music, he
will educate you on the resources available
to help prepare for your final expenses.

September 11th

10:00 a.m.

FMS Bank

2425 35th Ave, Greeley, CO
Refreshments provided.

Non-profit Org.
US Postage
PAID
Permit No. 88
Greeley, CO

Senior Resource Services
800 8th Ave Ste. #145
Greeley, CO 80631