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Carbon Monoxide Detectors

Carbon monoxide is an odorless gas that causes thousands of deaths Volume 1-Issue 4 each year in North America. It is the leading cause of poisoning death in the United States. One of our goals is to provide a safe January 2009 environment for our senior citizens at home.

> We wrote a grant to Our Savior's Lutheran Church to cover the cost of these detectors. It is a small device that you put in your home (preferably in your bedroom or close to your furnace and hot water heater if it is located near your bedroom so you can hear the alarm go off while you're sleeping.) and it alerts you of dangerous levels of carbon monoxide present in your home. It works similar to a smoke detector. If the detector goes off, you leave your home and call the fire department.

> With this grant we have free carbon monoxide detectors for our Senior clients. Please call our office at 970-352-9348 to request one.



Senior Resource Services 2008-2009 Board Of Director **Officers**

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Executive Director DeeAnn Groves

Mission Statement We are a non-profit organization assisting the elderly and their families in addressing the issues of aging.



Volunteer Spotlight Brenda Groves-August Judith Clarke-September Kaye Grounds-October Claudia Winter-November

We have 45 fantastic volunteers and it would be wonderful if we could give to each and every one of them on a monthly basis. All of our services are offered by individuals volunteering some of their time to be with our senior citizens. Our office contacts area businesses to see if they are willing to become a "Senior Friendly" business by donating a gift to be given to our volunteers. The response of the area businesses has been wonderful and we are able to choose from a variety of gifts. Each month we enter our volunteers into a drawing when they turn in their Activity Logs at the office by the 7th of the month.

We hope the winners each month enjoy the gifts they receive. Brenda Groves is an amazing volunteer as she lives in Kersey and is still willing to come to Greeley to transport our Seniors to their

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appointments. Brenda works full-time at the Kersey school district and takes a hiatus from volunteering until the summer. Brenda was given a candle set donated by Lolly's Hallmark for the month of August. Judith Clarke is a heaven sent for Senior Resource Services. We are constantly searching for new volunteers and Becky was recruiting at Curves (Yes, we work 24/7 in recruiting more volunteers. The more volunteers we have helping us the more Seniors we can serve.) Judy moved here from Utah and volunteered for a similar organization where she spent an entire day transporting seniors to their appointments. Judy has volunteered for SRS since August. She is the person who always turns in her Activity Log on time. She received a booklite donated by Lolly's Hallmark and a note pad to thank her for everything she does for SRS.

Kaye Grounds has been volunteering with Senior Resource Services since January 2008. Volunteering is nothing new to Kaye. She has assisted numerous organizations in the past. In Kay's spare time she enjoys bridge, gardening, reading and music. Kaye's name was drawn for the month of October and she received a gift certificate to the Egg and I.

Claudia Winter probably spends more time with our clients each month than any other volunteer. She visits two ladies religiously every month plus taking on additional requests for rides form our seniors. Claudia has been volunteering for SRS since its beginning. When asked why she wanted to volunteer? She replied, "I need to give back for all I have received". Claudia is definitely an example for us all. Claudia received a 2009 pocket pal calendar.



Convertor Boxes Available

With the help from John of Garden Square, we have been able to deliver and install some of the convertor boxes. We still have three convertor boxes available. If you do not have cable or a dish then you will need a convertor box for your television. Remember you have a deadline of February to complete this so your TV will continue to work. Seniors if you are in need of a box, please call our office, 352-9348 to request one.

Thank You

A special thank you goes to the volunteers with the most hours spent with our Seniors. Each month we award a \$15 gift card from King Soopers. You can use the gift card for gasoline or groceries. Carol Mantych was the August winner, Angie Martinez the September winner and Beth Gibbs the October winner. These volunteers go above and beyond the call of duty. Each of these individuals spent over 10 hours a month volunteering with SRS. All of our clients are so appreciative of the services our volunteers provide. We just can not say thank you often enough. Without our volunteers we would not be able to provide these wonderful services for our Seniors.

Remember the volunteers are able to deduct their miles on their income taxes. When you pick up a senior, track the miles from your home, to the Seniors home then to the appointment and back home again. If the volunteers have not been keeping track of the miles this year, please call our office and we can assist you.

SENIOR RESOURCE SERVICES Volunteers

our client base grows so must our volunteers. There are so many seniors needing assistance that we need additional volunteers. If you should know of an individual that will spend a few hours a week with a Senior, please send them our direction. We never want to turn away a Senior.

We want to welcome our newest volunteers and thank them for their willingness to give of their time to help others. They are: Loni Ferrier, David Jackson, Beverlyn Baker, Rose Pargas, Julie Dowling and Chris Jennison. We now have 49 volunteers and 70 clients.

Senior Resource Services wants to thank the following businesses for donating to SRS so we can show our volunteers how much we appreciate them: Village Inn, Perkins, Quality Lube, Wash at Market Square, Lolly's Hallmark, Egg & I and Contemporary Cook.

Grocery Shopping Assistance

RSVP will assist with filling your grocery list by calling 351-2588. They will charge a \$5.00 fee for the service.

Donation

Senior Resource Services received a donation of a walker with wheels on the front, a bed rail, toilet riser and several boxes of Depends. Please contact us if you know of someone who needs them. If you have items that may be useful to others, please let us know and we will list the items in each newsletter.

Need Out of Town Transportation?

Senior Resource Services does not ask our volunteers to take our clients to out-of-town appointments. We have an individual who will provide these services. Call Fred at 405-7793. A fee will be charged for this transportation

Angel Memorial Cloud

We are proud to announce our Angel Memorial Cloud located in our office. For a \$100 contribution you are entitled to place the name of a loved one on a Memorial Angel that will sit on the clouds on the wall.

Need a Hand With Your Heating Bill?

Contact your county Department of Social Services 352-1551 ask for the LEAP program or call LEAP at 1-866-432-8435 (toll free).

Wishing You a Healthy and Happy 2009.